



PHP Annual Day Panellists and Speakers

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Dr. Oyedeji Ayonrinde

MBBS, MSc, FRCPsych, FRSA, DHMSA, MBA

Dr. Oyedeji (Deji) Ayonrinde is an Associate Professor, Departments of Psychiatry and Psychology at Queen's University, Kingston, Ontario, Canada. He is also the Chair of the Commission on Black Medical Students at Queen's University. He is the Clinical Director of Community Psychiatry Programs at Providence Care and works in an Assertive Community Treatment Team with certification in both general and addiction psychiatry.

He trained at the Maudsley Hospital and Institute of Psychiatry, London, UK with an MSc in Research in Psychiatry (University College London - UCL) an Executive MBA from Imperial College London and a Diploma in the History of Medicine.

Dr. Ayonrinde plays an active role in cannabis education and the understanding of its impact on mental health across the lifespan. This includes initiatives with educational institutions, youth and family groups, Health Canada, parliament and the Canadian Armed Forces.

Dr. Ayonrinde has research and advocacy interests in Global Mental Health, with particular reference to marginalized and equity-seeking populations such as individuals with severe mental illness, racialized groups and people living in poverty with local, national and international collaborations.

Alongside research and publications in these areas of interest, he has received several education and knowledge translation awards. Health innovation includes design of game-based learning in the understanding of complex health behaviour and diversity issues. He has also supported physician and occupational wellness programs for nearly 20 years advocating stigma reduction, mental health awareness and compassion.

Dr. Ayonrinde is a Fellow of the Royal College of Psychiatrists (UK), International Fellow of the American Psychiatric Association, Fellow of the Royal Society of Arts and a Member of the Society of Apothecaries. He is a recipient of the Freedom of the City of London, England.

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Dr. Kenneth Fung

Coming Soon

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Dr. Onye Nnorom

Dr. Onye Nnorom is a Family Doctor and a Public Health & Preventive Medicine specialist. She is the Associate Program Director of the Public Health & Preventive Medicine Residency Program at the University of Toronto and is the Black Health Theme Lead for the Faculty of Medicine at the University of Toronto. As the Black Health Theme Lead, she is tasked with developing educational content for teaching medical students about Black Canadian health, and inequities due to systemic racism. She is also a clinical consultant for the Nicotine Dependence Clinic at Centre for Addiction and Mental Health.

She is the President of the Black Physicians' Association of Ontario. She was also the chronic disease prevention lead at TAIBU Community Health Centre, where she led a number of successful cancer screening initiatives. Most recently she has taken the role as the Equity, Diversity and Inclusion Lead, within the Department of Family and Community Medicine at the University of Toronto. And she is the host of a podcast called Race, Health and Happiness where she interviews successful Black, Indigenous, and other People of Color, providing wisdom on how to stay well in a “racialized world”.

Dr. Nnorom completed her medical degree at McGill University and then completed a Masters of Public Health (Epidemiology) and residency training at the University of Toronto. Being of Nigerian and Trinidadian heritage, she is particularly interested in Black community health and wellness, and racism as a social determinant of health.

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Scott A. Teitelbaum

MD, FAAP, DFASAM, ABPM-ADMD

Dr. Teitelbaum is the Pottash Professor in Psychiatry and Neuroscience at the University of Florida's College of Medicine, where he serves as Vice Chair of the Department of Psychiatry, Chief of the Division of Addiction Medicine, Medical Director of the UF Health Florida Recovery Center, and Fellowship Director of UF's American Board of Preventative Medicine (ABPM) – Addiction fellowship.

Originally trained and board-certified as a pediatrician, Dr. Teitelbaum later completed fellowships in addiction medicine and child psychiatry at the University of Florida. Dr. Teitelbaum became medical director of the Florida Recovery Center in 2002, and since then has been involved in the evaluation and/or treatment of more than 4,000 healthcare providers and other professionals from across the country. Through his efforts, the Florida Recovery Center has led the way nationally with its evidence-based treatment of the disease of addiction.

Dr. Teitelbaum developed one of the first-ever accredited fellowships in addiction medicine. His program now has trained more addiction-medicine fellows than any other program nationwide.

In 2016, Dr. Teitelbaum was awarded the Pottash Endowment, allowing for the creation of a research initiative that's focused on addiction medicine and the fight toward recovery. He has been honored on multiple occasions with the Exemplary Teacher Award for his guidance of medical students.

Dr. Teitelbaum has received multiple awards and honors, including in January 2018, the American Society of Addiction Medicine named Dr. Teitelbaum winner of its Prestigious Annual Award in recognition of his outstanding contributions to the field.

A national expert who has been consulted by the White House Office of National Drug Control and the U.S. Drug Enforcement Administration, Dr. Teitelbaum is passionate about reducing stigma and advancing treatment for those suffering from the disease of addiction.

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Dr. Andrew Thomas

Dr. Thomas is a Family Physician in Durham Region. He completed medical school at the Howard University College of Medicine in Washington, D.C. in 2017. Since then, he has continued to be involved in combating anti-Black racism by supporting Black Physicians and Trainees through his role as the Vice President for the Black Physicians' Association of Ontario.

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Dr. Roberta K. Timothy

M.A., M.Ed., PhD, RP

Dr. Timothy is an Assistant Professor in the Teaching Stream, Black Health Lead, and is the inaugural Program Director for the upcoming MPH Program in Black Health at Dalla Lana School of Public Health at the University of Toronto.

Dr. Timothy is also an Adjunct Professor in Critical Disability studies at York University. She specializes in the areas of Black health; intersectionality, violence, transgenerational trauma, and ethics in health work; health and racism; art-based methodologies; transnational Indigenous health; and anti-oppression/anti-colonial approaches to mental health.

Dr. Timothy has worked for over 30 years in community health working on resisting anti-Black racism and intersectional violence strategies. Dr. Timothy is also co-founder and consultant at Continuing Healing Consultants where she implements and teaches her intersectional mental health model "Anti-Oppression Psychotherapy".

She is an interdisciplinary scholar, health practitioner, and political scientist, who examines global health and ethics from a critical trauma-informed decolonizing framework. Her current research is entitled: "Black Health Matters: National and Transnational COVID-19 Impact, Resistance, and Intervention Strategies Project / La santé des noirs compte: le covid-19 et son Impact - un projet de recherche national et transnational sur nos actes de résistances et stratégies d'intervention ". For more information see: <https://blackhealthmatterscovid19.ca/>

She has been living with a visual disability for over 25 years.

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Joy Albuquerque

Medical Director

MD, MA, FRCP

Dr. Joy Albuquerque completed her medical training in Manitoba then worked as a general practitioner for a few years prior to specializing psychiatry, completing her FRCPC training in Ottawa 1997. With a longstanding interest in mental health advocacy, she chose to round out her education through graduate training in philosophy (MA 2007).

Dr. Albuquerque joined the OMA's Physician Health Program in 2004 to develop its services for doctors with mental health problems and, in 2017, accepted the position of medical director. Her role has evolved beyond the management of mental health conditions to expertise in the field of risk management of physicians and their work. Dr. Albuquerque is regularly invited to present on issues related to physician health and well-being. She has written and published on topics of physician health, burnout and resilience.

Dr. Albuquerque practices at St. Michael's Hospital and is assistant professor at the University of Toronto, Department of Psychiatry.

Outside of medicine Joy is an avid reader of classics and fiction. She and her husband enjoy long-distance walking and have been going on annual walks for over 15 years.

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Ted Bober

Director of Clinical Services

MSW, RSW

Mr. Ted Bober is the director of clinical services at the Physician Health Program. He has over 30 years of experience as a hospital administrator and clinician working with community and hospital-based mental health and addiction services. As a social worker, Ted believes that helping responses need to address immediate needs in practical terms and over time include a social justice and advocacy approach to reduce stigma and barriers to treatment while increasing compassion and support from one's professional community and workplace.

Ted has a keen interest in enhancing professional health and peak performance during high-stress-high stakes work. He has served as a consultant to first responders following disasters in Canada and the US and provided training to organizations such as the Transportation Safety Board of Canada, Ministry of the Attorney General and Indian Residential School Adjudication Secretariat. He has presented at scientific conferences in Canada, the USA, and the UK and is the co-author of the book "In the Line of Fire: Traumatic Stress in the Emergency Services" published by Oxford University Press.

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Lisa Lefebvre

Associate Medical Director

MDCM, MPH, CCFP(AM), CCSAM, DABAM, FASAM, CMRO

Dr. Lisa Lefebvre joined the OMA's Physician Health Program (PHP) as an associate medical director in September 2014. She is an assistant professor in the Department of Family and Community Medicine at the University of Toronto and is cross appointed in the Department of Psychiatry. Dr. Lefebvre completed a fellowship in addiction medicine at the University of Toronto in 2006. She became a diplomate of the American Board of Addiction Medicine in 2009 and completed her Master of Public Health degree at the University of Toronto in 2011. In 2016, Dr. Lefebvre became a fellow of the American Society of Addiction Medicine and was granted a Certificate of Added Competence in Addiction Medicine in 2019—the inaugural year for this certification. Dr. Lefebvre is also certified by the Medical Review Officer Certification Council (MROCC).

Dr. Lefebvre served as program director of the University of Toronto Addiction Medicine fellowship for seven years. During this time, the program underwent a significant expansion, culminating in its accreditation by the American Board of Addiction Medicine in 2013. Dr. Lefebvre continues to supervise fellowship level trainees.

Dr. Lefebvre is the immediate past chair of the Canadian Society of Addiction Medicine Education Committee and is co-chair of the Ontario College of Family Physicians' new Practising Well Program. Dr. Lefebvre developed an interest in physician advocacy early in her career and served as an OMA Council delegate from 2008 to 2014 and as a CMA council delegate from 2011 to 2017. Her clinical interest lies in occupational addiction medicine with a particular focus on safety-sensitive workers as well as in the treatment of opioid use disorder.

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Laura Mattila

Senior Director

MA

Ms. Laura Mattila joined the OMA as the Senior Director for the Physician Health Program in 2020. Laura completed her Master of Arts degree from the University of Toronto with a specialization in Sociology of Health and Mental Health and has completed professional development through the Rotman School of Management and the Mental Health Commission of Canada. Laura has more than 10 years of experience in healthcare leadership including at the Centre for Addiction and Mental Health (CAMH) and the Hospital for Sick Children (SickKids) in Toronto as well as at Sault Area Hospital (SAH) in Sault Ste. Marie, Ontario. Laura has held volunteer executive board of director positions in the non-profit sector in the areas of mental health and women's employment.

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Jon Novick

Associate Medical Director

Dr. Jon S. Novick is a psychiatrist, psychoanalyst and addiction medicine specialist who runs a private practice in Oakville, Ontario and is an associate medical director with the OMA Physician Health Program in Toronto. He attended McGill University for medical school followed by residency training in adult psychiatry at Brown University and Long Island Jewish Medical Center, and psychoanalytic training with the Toronto Psychoanalytic Institute.

As an assistant professor in the Department of Psychiatry at the University of Toronto with a focused interest in medical psychotherapy, he has supervised and mentored many students and residents during the past two decades. He also served as the first Career Exploration Faculty Lead and the first Director of the Career Advising System with the MD Program at the University of Toronto.

Dr. Novick is certified by the Royal College of Physicians and Surgeons of Canada, the American Board of Psychiatry and Neurology, the American Board of Preventive Medicine (Addiction Medicine), and as a Medical Review Officer. He is also a fellow of the American Society of Addiction Medicine.

In addition to assisting physicians struggling with mental health and addiction problems, he enjoys helping learners with career development and established physicians find the best work-life balance. Originally from the United States, Dr. Novick now lives in the Greater Toronto Area with his husband and two kids. He is a proud member of the MTV Generation.

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José Silveira

Associate Medical Director

B.Sc., M.D., FRCPC, Dip ABAM

Dr. José Silveira is an associate professor in the Department of Psychiatry at the University of Toronto and is certified by the Royal College of Physicians and Surgeons of Canada in Psychiatry. He is also a Diplomate of the American Board of Addiction Medicine and is accredited by the American Society of Addiction Medicine since 2004. Over the past 22 years, Dr. Silveira has worked at the Academic Health Sciences Centers, a community teaching hospital and works extensively with community-based physicians through the Ontario College of Family Physicians and the Center for Effective Practice.

Since 2012, Dr. Silveira has been an addiction psychiatrist with the National Basketball Association (NBA) / National Basketball Players Association (NBPA) Player Assistance/Anti-Drug Program Clinicians Network. His leadership experience spans 20 years and includes departmental chief, medical director, chair of the Medical Advisory Committee (MAC) at St. Josephs Health Centre-Toronto (SJHC), and co-chair of Corporate MAC for Unity Health Toronto. He has also served as chair of the SJHC Quality of Care Committee and chair of the Credentialing Committee.

Dr. Silveira's professional focus is to support the delivery of mental health and addiction care through primary care and community networks. He has worked closely with the Ontario College of Family Physicians since 2001 facilitating continuing education workshops for primary care physicians and was on the steering committee of the Ontario College of Family Physicians Collaborative Mental Health Network until 2020. As a mentor in the latter program, Dr. Silveira has provided support to family physicians across Ontario since 2001. Working with the Centre for Effective Practice, he has been an invited lead or committee member on several point-of-care tools to assist primary care providers in managing complex conditions. He has served as a psychiatrist providing shared care with numerous CHCs and FHTs throughout his career and has developed and delivered peer reviewed workshops and seminars based on naturally emerging clinical dilemmas derived from case discussions with primary care providers. Dr. Silveira has been nominated and/or received 12 teaching awards over the course of his career.

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