



## **Ted Bober, MSW, RSW, PHP Associate Director, Clinical Services**

Ted is a PHP Associate Director, Clinical Services with the Ontario Medical Association's Physician Health Program and the Physician Workplace Support Program. He has over 25 years of social work experience as an administrator and therapist working with community and hospital based mental health and addiction services.

He is particularly interested in enhancing professional mindfulness, performance and communication during high stress conditions.

Ted also has an interest in disaster mental health and has worked in disaster recovery efforts in Canada and the United States. He has provided training on crisis and traumatic stress to many public service organizations including the Ministry of the Attorney General, the Ministry of Natural Resources, the Ministry of the Environment, Health Canada and the Department of Justice. He has presented at scientific conferences in Canada and the United States and is a co-author of peer-reviewed publications on trauma and disaster stress including the award winning book *In the Line of Fire: Trauma in the Emergency Services* published by Oxford University Press.